|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 552 | 2.8 | 0.8 - 9.0 | 9.6 | 6.4 - 14.2 | 58.6 | 51.4 - 65.5 |
| 30-44 | 592 | 2.4 | 1.0 - 5.5 | 15.2 | 10.7 - 21.2 | 58.9 | 52.2 - 65.2 |
| 45-59 | 270 | 0.1 | 0.0 - 0.2 | 11.4 | 5.9 - 21.0 | 67.2 | 55.7 - 76.9 |
| 45-69 | 241 | 4.1 | 2.0 - 8.0 | 13.9 | 9.3 - 20.3 | 50.7 | 43.1 - 58.2 |
| 60-69 | 110 | 0.2 | 0.1 - 1.0 | 13.6 | 3.0 - 44.3 | 54.9 | 34.9 - 73.4 |
| **Total** | **1765** | **2.4** | **1.2 - 4.6** | **12.1** | **9.7 - 14.9** | **58.8** | **54.7 - 62.8** |
| Location |  |  |  |  |  |  |  |
| Rural | 997 | 2.7 | 1.0 - 7.1 | 12.6 | 9.1 - 17.2 | 63.2 | 57.3 - 68.6 |
| Urban | 768 | 2.0 | 1.0 - 3.8 | 11.4 | 8.7 - 14.9 | 53.4 | 47.8 - 58.9 |

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| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Male** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 552 | 18.0 | 13.4 - 23.8 | 11.0 | 6.8 - 17.2 |
| 30-44 | 592 | 18.0 | 13.4 - 23.9 | 5.4 | 3.6 - 8.2 |
| 45-59 | 270 | 13.8 | 8.7 - 21.4 | 7.5 | 3.5 - 15.6 |
| 45-69 | 241 | 14.1 | 10.3 - 19.2 | 17.2 | 11.8 - 24.3 |
| 60-69 | 110 | 24.2 | 11.0 - 45.2 | 7.1 | 2.5 - 18.7 |
| **Total** | **1765** | **17.3** | **14.5 - 20.5** | **9.4** | **7.1 - 12.3** |
| Location |  |  |  |  |  |
| Rural | 997 | 15.5 | 11.9 - 19.9 | 6.1 | 3.8 - 9.6 |
| Urban | 768 | 19.5 | 15.4 - 24.4 | 13.6 | 9.8 - 18.6 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 959 | 1.0 | 0.4 - 2.2 | 11.3 | 8.5 - 14.9 | 58.3 | 53.2 - 63.1 |
| 30-44 | 1034 | 0.7 | 0.3 - 1.4 | 11.3 | 8.5 - 15.0 | 53.3 | 47.8 - 58.7 |
| 45-59 | 442 | 1.0 | 0.2 - 4.4 | 7.3 | 3.9 - 13.5 | 64.6 | 55.4 - 72.9 |
| 45-69 | 421 | 1.0 | 0.4 - 2.4 | 10.9 | 7.6 - 15.6 | 54.6 | 48.4 - 60.7 |
| 60-69 | 256 | 0.4 | 0.1 - 1.2 | 8.1 | 3.3 - 18.5 | 54.8 | 43.5 - 65.6 |
| **Total** | **3112** | **0.9** | **0.5 - 1.4** | **10.7** | **8.9 - 12.6** | **57.2** | **54.0 - 60.3** |
| Location |  |  |  |  |  |  |  |
| Rural | 1780 | 0.8 | 0.4 - 1.7 | 11.2 | 8.8 - 14.2 | 62.0 | 57.5 - 66.2 |
| Urban | 1332 | 1.0 | 0.5 - 1.8 | 9.8 | 7.8 - 12.2 | 49.5 | 45.5 - 53.4 |

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| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Female** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 959 | 22.6 | 18.8 - 26.9 | 6.9 | 4.6 - 10.2 |
| 30-44 | 1034 | 23.4 | 19.3 - 28.0 | 11.3 | 7.6 - 16.5 |
| 45-59 | 442 | 19.2 | 13.2 - 27.1 | 7.8 | 3.8 - 15.4 |
| 45-69 | 421 | 23.4 | 18.8 - 28.7 | 10.1 | 6.9 - 14.6 |
| 60-69 | 256 | 23.3 | 15.1 - 34.0 | 13.5 | 7.5 - 23.0 |
| **Total** | **3112** | **22.5** | **20.0 - 25.1** | **8.8** | **7.0 - 11.1** |
| Location |  |  |  |  |  |
| Rural | 1780 | 19.1 | 15.9 - 22.8 | 6.9 | 4.8 - 9.9 |
| Urban | 1332 | 27.9 | 24.2 - 31.8 | 12.0 | 9.1 - 15.6 |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 1511 | 1.7 | 0.7 - 3.8 | 10.7 | 8.5 - 13.3 | 58.4 | 54.2 - 62.4 |
| 30-44 | 1626 | 1.3 | 0.7 - 2.5 | 12.8 | 10.2 - 16.0 | 55.4 | 51.1 - 59.6 |
| 45-59 | 712 | 0.7 | 0.2 - 2.7 | 8.9 | 5.7 - 13.6 | 65.6 | 58.5 - 72.0 |
| 45-69 | 662 | 2.4 | 1.3 - 4.3 | 12.3 | 9.4 - 16.0 | 52.8 | 47.9 - 57.7 |
| 60-69 | 366 | 0.3 | 0.1 - 0.8 | 10.3 | 4.2 - 23.1 | 54.8 | 43.8 - 65.4 |
| **Total** | **4877** | **1.4** | **0.9 - 2.3** | **11.2** | **9.8 - 12.8** | **57.8** | **55.2 - 60.4** |
| Location |  |  |  |  |  |  |  |
| Rural | 2777 | 1.5 | 0.7 - 3.0 | 11.7 | 9.6 - 14.1 | 62.4 | 58.7 - 66.0 |
| Urban | 2100 | 1.4 | 0.9 - 2.2 | 10.5 | 8.8 - 12.4 | 51.1 | 47.7 - 54.5 |

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| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Total** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 1511 | 20.8 | 18.0 - 24.1 | 8.4 | 6.2 - 11.4 |
| 30-44 | 1626 | 21.3 | 18.1 - 25.0 | 9.1 | 6.6 - 12.4 |
| 45-59 | 712 | 17.1 | 13.0 - 22.2 | 7.7 | 4.5 - 12.9 |
| 45-69 | 662 | 19.1 | 15.9 - 22.8 | 13.4 | 10.2 - 17.4 |
| 60-69 | 366 | 23.6 | 15.4 - 34.5 | 10.9 | 6.6 - 17.5 |
| **Total** | **4877** | **20.5** | **18.6 - 22.5** | **9.1** | **7.6 - 10.8** |
| Location |  |  |  |  |  |
| Rural | 2777 | 17.8 | 15.3 - 20.6 | 6.6 | 4.9 - 8.8 |
| Urban | 2100 | 24.3 | 21.6 - 27.2 | 12.7 | 10.3 - 15.5 |